



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)

Accredited by NAAC at Grade 'A+' with CGPA 3.42 (Third Cycle)

Affiliated to Tamil Nadu Teachers Education University, Chennai

Palayamkottai – 627 002



EXTENSION ACTIVITIES

2022-2023

LIBRARY VISIT TO DISTRICT CENTRAL LIBRARY



Sr.Lilly Pushpam Library conducted Library Visit to District Central Library, Pallayamkottai on 22nd & 23rd June 2022 for the First year B.Ed students to gain first hand information related to reference skills.



VISIT TO ADOPTED VILLAGES & DISTRIBUTION OF WASHING POWDER AND SOAP MATERIALS TO THE PEOPLE



Under Unnat Bharath Abhiyan, St. Ignatius College of Education adopted five villages namely Melaputhaneri, Velankulam, Paraikulam, Pottalkulam and Uthamapandiyankulam. staff member with five student volunteers from extension service wing of the college visited the village Velankulam on 07.07.2022 and distributed the materials for making washing powder and soap. The punchayat president distributed the materials to the people.



PREVENTION OF DRUG ABUSE PLEDGE



The students of our institution took a pledge with regard to the destructive effects of Drug Abuse on 11.08.2022, as per the directives of the Department of Social Justice & Empowerment Government of India, **Nasha Mukta Bharat Abhiyaan.**



ONLINE PROGRAMME ON DRUG FREE INDIA



As per the guidance given by the Ministry of Social Justice and Empowerment, Government of India, our college made arrangements to display the online programme on Drug Free India Campaign organized by Ministry of Social Justice and Empowerment, Government of India through virtual platform on 12.09.2022, At the end of the programme, students had taken Drug Free India Pledge. 170 student teachers participated in the event.



SOCIAL JUSTICE DAY PLEDGE



As per the guidance given by the Government of Tamilnadu, our college made arrangements to take pledge on Social Justice on 17.09.2022.



AWARENESS PROGRAMME ON WORLD HEART DAY

St. Ignatius college of education in collaboration with Council of Indian Acupuncturists & Research Centre organised an awareness programme on World Heart Day was conducted on 28.9.2022. The Resource persons Dr. Anantha Krishnan and Dr. Yokeswari addressed the participants with their expertise on Importance of heart, healthy diet for heart, and also various Acupuncture treatments for diagnosing and curing heart diseases.



NATIONAL CANCER AWARENESS DAY



To create awareness on the second leading deadliest disease cancer, the Health Club of St. Ignatius College of Education organized an awareness programme on cancer on the theme of National Cancer Awareness Day 2022, "I AM & I WILL" on 07.11.2022 Dr. M. Abirami, B.S.M.S., Medical Officer, Nellai Cancer Care Centre, Palayamkottai was the resource person and gave an awareness talk focusing on the types of cancer, symptoms and causes of cancer and the preventive measures to be taken to avoid cancer.



GPS Map Camera
Tirunelveli, Tamil Nadu, India
19-L, High Ground Road, Palayamkottai,
South Mutharamman Kovil Street,
Palayamkottai, Tirunelveli, Tamil Nadu
627002, India
Lat 8.719396°
Long 77.734399°
07/11/22 03:44 PM GMT +05:30

ORIENTATION PROGRAM ON TABLEAU

The orientation program was held on 5th November 2022 at 1.30pm. The Chief Guest of the program was Dr. Gladys Stella Bai, Director of Physical Education, St. Ignatius College of Education. The wonderful informative talk about tableau was given by chief guest. She gave a brief introduction about tableau and its tradition in the college and how it should be performed sincerely. She enlightened the student teachers on creating awareness about social issues and its consequences by performing tableau. The five talent groups discussed in their groups and finalized their topics with help of chief guest. The chief guest also instructed students to maintain a record on group activities.



I AM I WILL



On 7th November 2022, Health Club Organised an awareness Programme on **I AM & I WILL** Dr. M. Abirami, BSMS, Medical Officer, Nellai Cancer Care Centre, Palayamkottai was the resource person.



JOY OF GIVING



On 21st December 2022 in Collaboration with Vannmuhil Trust, Tirunelveli Joy of Giving: Celebrating Life was Celebrated.



JOY OF GIVING

21st December 2022, in Collaboration with TSSS Saranalayam, Palayamkottai, “Joy of Giving: Celebrating Life was celebrated.



JOY OF GIVING

The Joy of Giving is observed every year with a lot of enthusiasm, reflecting the spirit of empathy and generosity of the student teachers, and professors alike. This gives us an opportunity to reach out to less privileged people with our acts and words of kindness. Student teachers from Biological Science, History, Physical Science and Tamil visited Lawrence Old age home, Kurichi on 21st December, 2022. They spend their time with the senior citizen and gave cultural performances and conducted games. This activity helps the student teachers to understand the need of the old people and spend their valuable time. All Students interacted with the senior citizens and received their blessings.



INTER SCHOOL CULTURAL FEST



Inter School Cultural Fest was organized on 14.11.2022 and Eight schools participated in it and showcased their talents in an innovative way. Dr. R. Indra Mary Ezhilselvi, Controller of examinations delivered the valedictory address and distributed prizes to the winners.



EXPO OF PRODUCTIVE WORK

An “Expo of Productive Work” was conducted on 24.11.2022. Products such as squash, pickles, jams, fancy pillows, candles in different shapes, phenyl, washing powder, chalk piece, organic soaps and fancy jewels were exhibited by the students under the supervision of Ms. S.Chellammal, Art and Craft Instructress.



INAUGURATION OF INTRAMURAL SPORTS COMPETITION

Inauguration of intramural sports competition was organized on 01.02.2023. The inaugural match was held between Jasmine House and Sunflower House. The sunflower House won the match. The students played the match enthusiastically with a keen spirit of sportsmanship.



THROWBALL COACHING CAMP



Physical and Health Club of St. Ignatius College of Education organized Coaching Camp for Throwball from 01.02.2023 to 08.02.2023. Fifteen students attended the coaching camp. Dr. S. Josephine, Director of Physical Education was the Trainer. In the camp, the participants were taught various skills of the game of throwball such as service, Palming, catching the ball overhead, striking the ball, etc. Training to improve the fitness level of the students were also given to the participants.



SPECIAL SCHOOL VISIT



To understand the teaching methodology of special schools and sense the feelings of the special children, the Student Welfare Committee and Extension Service Committee organized a special school visit to St. Ann's Rehabilitation Centre for the Mentally Handicapped, Palayamkottai, Florence Swainson School for Deaf, Tirunelveli and Higher Secondary School for the Visually Impaired, Palayamkottai on 09.02.2023. The student teachers along with the staff members went to the schools and observed the classes of the hearing impaired, visually impaired and Rehabilitation Centre for Mentally Challenged. They observed the methodology adopted in the classroom teaching.



CHIEF MINISTER TROPHY ATHLETIC MEET - DISTRICT LEVEL COMPETITION



To motivate the prospective teachers in participating various sporting events, st.Ignatius college of education encourage them to participate in chief minister trophy athletic meet - district level competition. Three prospective teachers were selected to participate in the competition conducted in Anna Stadium, Tirunelveli on 07.02.2023. Athletes assembled in the stadium at 08.00 am and participated in Shot Put, Long Jump, 100 mts Run, 400 mts Run and 1,500 mts run. They have selected in the preliminary round with good performance and participated in the final.



COACHING CAMP FOR CM TROPHY SPORTS COMPETITIONS

To encourage the prospective teachers in participating various sporting events, St. Ignatius College of Education organized coaching camp for CM Trophy Sports Competitions from 01.02.2023 to 28.03.2023. Specific training for athletics, badminton and table tennis were given to the students in the morning from 8.30 am to 9.30 am. in the college campus. Dr. S. Josephine, Director of Physical Education of the college was the trainer.



HUMAN CHAIN CONDUCTED ON ABOLISHMENT OF BONDED LABOUR SYSTEM

Anti-Bonded Labourers day was observed on 09.02.2023. In order to create awareness among the public, the extension Service Committee in collaboration with Department of Labour, Tirunelveli District conducted a human chain on the theme “Abolishment of Bonded Labour System” on 09.02.2023.

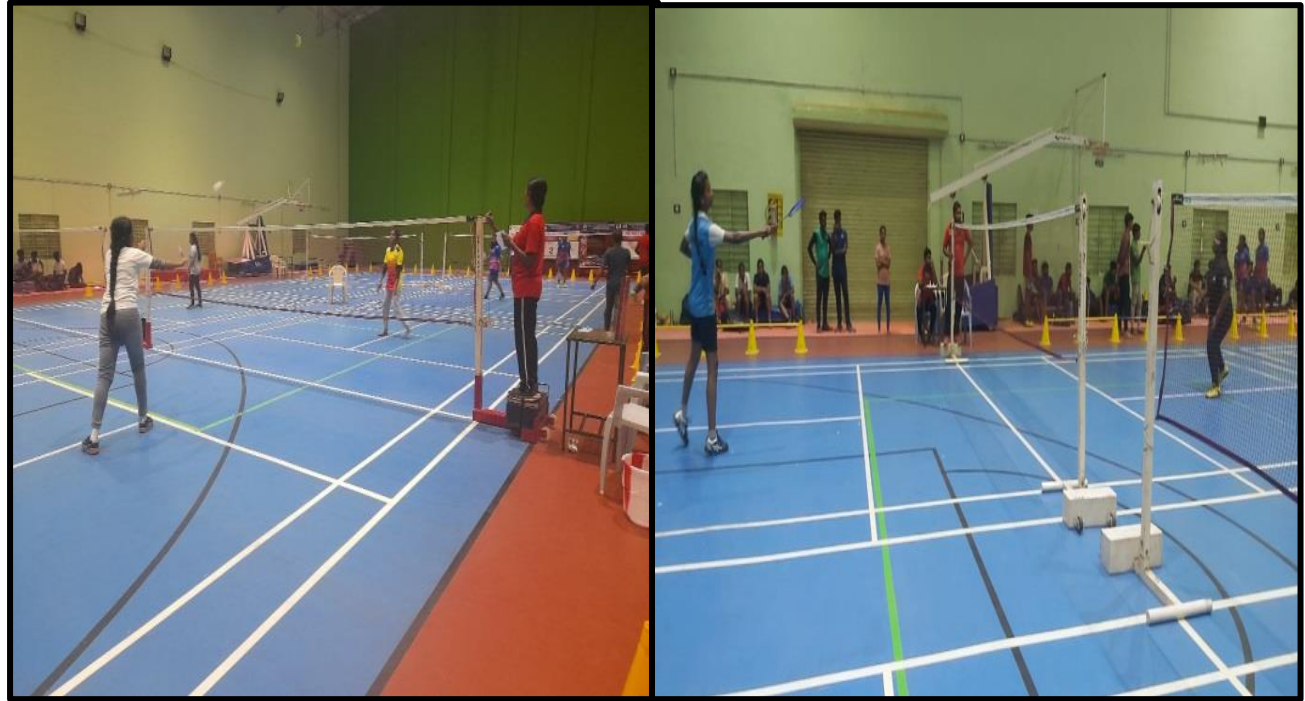
Dr.Mr.Karthikeyan IAS, The District Collector, Tirunelveli Mr.Chandrakumar, Director, National Child Labour Project, Tirunelveli and all the second year B.Ed. students of St.Ignatius College of Education participated in the human chain and took an oath regarding the abolishment of bonded labour system in the society.



CHIEF MINISTER TROPHY BADMINTON TOURNAMENT - DISTRICT LEVEL COMPETITION



To motivate the prospective teachers in participating various sporting events, st.Ignatius college of education encourage them to participate in chief minister trophy Badminton Tournament - district level competition. Four prospective teachers were selected to participate in the competition conducted in Manonmaniam Sundaranar University, Abhishekapatti, Tirunelveli on 09.02.2023. The prospective teachers participated in singles and double. They have performed well in the first round competition and have done their level best in the subsequent rounds.



EXPOSURE TO THE STUDENT TEACHERS TO UNDERSTAND THE SYSTEM OF SCHOOL EDUCATION



The Department of education aims to give varied field exposure to the student teachers to understand the system of school education on 21st February 2023, The student teachers visited three schools namely, St. Antony's Public School, Magdalene Matric Hr. Sec. School, and Jose Matriculation Hr. Sec School.



ORIENTATION PROGRAMME ON MILLETS EXPO

Eat Right Club and Physical and Health Club of St. Ignatius College of Education organized an orientation programme on Millets Expo for the second year students on 22.02.2023, Wednesday, at 03.30 pm. Dr. C. R. Gladys Stella Bai, former Director of Physical Education, St. Ignatius College of Education was the resource person and oriented the students about the importance of millets and how to exhibit the food items to be prepared out of millets.



HEALTH CAMPAIGN PROGRAMME ON CALCULATING BODY MASS INDEX

Physical and Health Club of St. Ignatius College of Education organized a health campaign programme on “Calculating Body Mass Index on 01.03.2023 for the second year prospective teachers. Mrs. E. Michael Jeyapriya, Assistant Professor of Biological Science was the resource person and she clearly explained the importance of monitoring our Body mass index, how to calculate it. Height and weight were measured for all the participants and BMI was calculated.



MILLETS AND NATURAL TRADITIONAL FOOD EXHIBITION CUM SALE

Eat Right Club and Physical and Health Club organized “Millets Expo 2023”, an exhibition cum sale on Millets and Natural Traditional Food in collaboration with The Rise Global on 11.03.2023. Rev.Dr. Jegath Gaspar Raj, The Founder, The Rise Global inaugurated the exhibition. The student teachers exhibited more than 300 food items made from millets and explained the importance and the health benefits of millets.



INIGO CULTURAL FEST 2022 – 2023

The Fine Arts Competition “Inigo Cultural Fest 2023” was conducted for first year students from 16.03.2023 to 18.03.2023. Instrumental Music, Solo Singing, Creative Shots, Art from the waste, Calligraphy and Logo Creation were conducted in individual competition category. Short Film Making, Folk Dance, Western Dance, Aerobic Dance, Tamil Drama and English Drama were conducted in group competition category. The students were divided into five groups and participated in all the events actively. Compulsory participation of all the students helped the students to acquire desirable social traits like co-operation, team spirit, oneness, tolerance and leadership qualities.



AWARENESS RALLY



An Awareness Rally on “No to Plastics and Yes to Manjapai” was organized on 24.03.2023. Rev.Dr.V.Henry Jerome, SJ Rector, St.Xavier’s Institutions, Dr.S.Devasahayam Selvakumar, Principal, St.John’s College of Education and Rev.Dr.L.Vasanthi Medona, Principal, St.Ignatius College of Education, Palayamkottai stressed the need for green initiatives to be imbibed by the students in their lives to envisage and eco friendly habitat.



SPORTS DAY



Physical and Health Club organized the Sports Day on 11.04.2023. Dr.S.Devasahayam Selvakumar, Principal, St. John's College of Education, Palayamkottai was the chief guest. The prospective teachers took active participation in various sports events and showcased their talents and capabilities. The Chief Guest rightly pointed out the importance of sports and games in everyday life, especially in our emotional and social development. The winners of the various sport events were honoured with certificates and medals.



STAFF THROWBALL MATCH

Physical and Health Club of St. Ignatius College of Education organized staff throwball match on 10th April 2023, at 03.30 pm. Two teams consist of eleven players have participated in the match under the captainship of Dr. A. Jeya Sudha, Vice Principal & Assistant Professor of History and Dr. J. Maria Prema, M.Ed. Co Ordinator and Assistant Professor of Education respectively. The Principal, Rev. Sr. Dr. L. Vasanthi Medona, ICM inaugurated the match and encouraged the players. The team under the captainship of Dr. A. Jeya Sudha won the match.



FREE MEDICAL CAMP

The Health Club of St. Ignatius College of Education organized a Free Medical Camp for staff and students on 21.12.2022 in collaboration with Our Lady Hospital, Palayamkottai, Tirunelveli. The Secretary, Rev.Sr.A.Gemma, ICM inaugurated the Medical Camp. Rev.Sr.Dr.Benila, ICM, MBBS, General Physician, Our Lady Hospital, Palayamkottai, Tirunelveli and Mrs. Benita, Staff Nurse, Our Lady Hospital, Palayamkottai, Tirunelveli conducted the medical camp. Sixty two students participated in the camp and benefited.



ORIENTATION PROGRAMME ON “MICRO, SMALL & MEDIUM ENTERPRISES,”



On 3rd March 2023, Under the Scheme of Unnat Bharat Abhiyan in the adopted villages organize An Orientation Programme on “**Micro, Small & Medium Enterprises,**” was organized Mr. G. Simiyon, Assistant Director, Branch MSME- DFO, SIDCO Industrial Estate, Pettai, Tirunelveli served as the resource person.



FREE EYE CAMP



Unnat Bharath Abhiyan Committee of St. Ignatius College of Education, AISHE code (C- 14405) organized a Free Eye Camp, in the adopted villages on 05.03.2023, in collaboration with Eye Foundation Eye Hospital, Tirunelveli. Doctors and Medical Assistants from the hospital gave eye check-up with advanced equipment. Visual Acuity Screening was carried out followed by the examination done by ophthalmologists. Power assessment was taken by refraction test. The staff and students who attended the camp got free medical check-up and benefited with medical consultancy.



TABLEAU ON THE THEME "WOMEN EMPOWERMENT LEADING TO SOCIAL TRANSFORMATION"



St. Ignatius College of Education organized tableau on the theme "Woman Empowerment Leading to Social Transformation" on 29th March 2023. Mr.V.R.Srinivasan, Deputy Commissioner of Police - East, Tirunelveli District inaugurated the programme in the presence of Rtn. AKS V.R. Muthu, District Governor, Rotary International District 3212. The first year prospective teachers enacted and showcased their talents on different themes such as Child Abuse, Sexual Harassment, Human Scarifies, Domestic Violence against women and Child Marriage. Students from the schools and colleges of the locality witnessed the tableau and highly appreciated their efforts.



EMPOWERING WOMEN BEEDI ROLLER WITH ENTREPRENEURIAL SKILLS

A Think Tank Session on "Empowering Women Beedi Rollers with Entrepreneurial Skills" for the members of Sr. Raphaela Incubation Centre and Extension Service Committee of St. Ignatius College of Education was organized by the Institution to have a discussion on economic, social, and gender-related challenges faced by women in the beedi rolling industry on 10.05.2023. Mr.B.Nalan, Director, Nava Jeevan Trust & Convenor, Tamilnadu Tobacco Control Network, Tirunelveli was the resource person and explained various health risks, exploitative working conditions, low income and financial instability, lack of skill diversification, social stigma and marginalization, lack of social protection and gender inequality among the women beedi workers.



PLEDGE TAKING IN COMMEMORATION OF “WORLD DAY AGAINST CHILD LABOUR”



The student welfare committee of the institution took the initiative of pledge taking in commemoration of “World Day Against Child Labour” 2023. The pledge taking was held on 12.06.2023 at 11.00 a.m. through Google Meet online platform with the meeting link <https://meet.google.com/ind-geyx-edu>. Dr. A. Jeya Sudha, Vice Principal gave a small introduction about the importance of the day and the aim of taking the pledge. The pledge was led by Mrs. Bhuvaneshwari, Assistant Professor of English and the staff and student teachers followed it.

